Neurologic complications of RA harvest have been attributed to direct radial nerve damage and have been reported as rare. On the basis of anecdotal cases of dysesthesia and hand weakness after RA harvest seen in our division over the last few years, we sought to measure the self-reported rate of sensory and motor deficits related to RA harvest and determine potential mechanisms.

Methods

Surgical technique.

All RAs are obtained by specially trained physician assistants who routinely perform both saphenous vein and RA harvesting. All patients undergo preoperative Allen testing with Doppler ultrasonography to assure adequate flow through the RA and the brachial and ulnar arteries. Adequate digital artery flow is determined by using alternative compression of both the RAs and ulnar arteries.

RA harvest is initiated by identifying the border of the brachioradialis muscle, and a skin incision is made starting 3 cm from the anterior elbow crease to 3 cm from the wrist crease. An arm tourniquet is not used. Blunt dissection exposes the RA, and electrocautery is used to control bleeding. Venous

The radial artery (RA) has become more popular as a bypass graft because the issues of spasm have been aggressively addressed by the use of various vasodilating regimens. The intermediate and late-term patency rates vary from 83.0% to 96.8%, which may justify its continued use. Few complications from the harvest of RAs have been reported. Most patients do not have any evidence of hand ischemia during routine daily activities, and few have demonstrable ischemia on hand exercise. The RA harvest site may even have fewer infectious complications than saphenous vein sites.

Objectives: We sought to determine the incidence of self-reported neurologic hand complications after radial artery harvest for coronary artery bypass grafting.

Methods: Between February 20, 1996, and December 31, 1999, 615 patients underwent coronary bypass operations with radial arteries. A scripted telephone interview was performed, collecting data on perceived thumb weakness and sensation abnormalities in the distribution of the radial nerve in 560 patients. The average time to follow-up interview was 14.5 ± 9 months.

Results: Neurologic complications were reported in 30.1%, decreased thumb strength in 5.5%, and any sensation abnormality in 18.1% of patients. There was a high rate of symptom improvement over an average of 8.7 ± 7.5 months, such that only 12.1% of patients reported symptoms without any improvement. Associations between thumb weakness and sensory abnormalities imply median nerve damage in some patients. There were statistically significant associations between neurologic complications and diabetes, peripheral vascular disease, elevated creatinine levels, smoking, and number and site of radial artery harvest.

Conclusions: The overall rate of self-reported neurologic complications after radial artery harvest was higher than previously reported. These symptoms may be attributable to radial and median nerve injury caused by trauma and devascularization. These data have important implications not only in attempting to improve harvesting techniques but also in guiding informed consent before coronary artery bypass grafting. (J Thorac Cardiovasc Surg 2001;121:951-6)
branches of the adjacent veins are divided and clipped. Branches of the RA are clipped on the proximal side and uniformly controlled distally with electrocautery. When visible, the superficial radial and antebrachial-cutaneous nerves are avoided completely. The artery is clamped proximally and distally, and the interposing segment is taken as a pedicle. The remaining ends are closed by using a suture-ligature with or without clipping. Before closure, hemostasis is assured with electrocautery, subcutaneous fat is approximated with running 3-0 Monocryl sutures (Ethicon, Inc, Somerville, NJ), and the skin is closed with running 4-0 Monocryl sutures.

Data collection. From our prospective cardiothoracic surgery database,18 we retrieved a list of patients who underwent RA harvest for coronary artery bypass grafting between February 20, 1996, and December 31, 1999. All patients were contacted by telephone, and a formal scripted interview was performed to elicit symptoms attributable to nerve damage. Patients were asked (1) if there were any problems with the hand from which the RA was harvested, (2) if there were problems with thumb strength on the side from which the RA was harvested, (3) if there were sensation abnormalities on the back of the hand on the side in which the RA was harvested, (4) if there were sensation abnormalities on the palm side of the hand on the side in which the RA was harvested, (5) if they had these symptoms immediately after the operation and, if yes, (6) when the symptoms resolved. Patients were allowed to make general comments on their outcomes, and any complaints regarding the hand were investigated further. Any symptoms reported above the wrist were not analyzed in this study. Patient demographics, clinical history, and intraoperative data were obtained from our prospective database.

Data analysis. The dichotomous variables obtained from the interview were entered into a database containing demographic and clinical variables. Statistically significant differences between groups were measured by use of the \( \chi^2 \) test in the case of categoric variables and the Student \( t \) test for continuous variables. Analysis of variance was used for determining statistically significant differences between multiple groups. Predictor variables included the preoperative and operative variables listed in Table I.

Results

Our initial experience with RAs started in the first quarter of 1996, and their rate of use has increased every quarter until a plateau rate of 52.2% in the last quarter of 1999. There were 640 patients who had the RA harvested between the trial dates. We excluded 20 patients who had died and 5 patients who had strokes about whom data could not be reliably obtained. Demographic and clinical characteristics of the patients are presented in Table I. The mean time between the operation and telephone follow-up was 14.5 ± 9.0 months (range, 4.1–45 months).

Patient characteristics. Table I shows the demographic and clinical characteristics of patients with and without RA harvesting over the same time period. Patients in whom the RA was used were younger, more often men, had more prior operations, and had more hypercholesterolemia. Smoking was more common in the RA group, although they had less peripheral vascular disease (PVD), more angina, less congestive heart failure, a lower creati-
nine level, and a higher ejection fraction. Anatomically, the RA group had more diseased vessels and therefore more distal anastomoses. The RA group also had a higher rate of use of the internal thoracic artery and fewer valve operations. The surgical mortality was lower in the RA group. The left RA was used in 86.4%, the right RA in 9.2%, and both RAs in 4.3% of patients.

**Follow-up data.** Follow-up data were available on 560 (91%) of the eligible 615 patients. Table II shows the rates of self-reported neurologic hand complications after RA harvesting. Any neurologic complication was reported in 30.1% of patients, with decreased thumb strength occurring in 5.5% of patients. Any sensation abnormality occurred in 18.1%, dorsal sensation abnormalities occurred in 13.8%, and palmar abnormalities were seen in 12.7% of patients. Some patients described a series of atypical symptoms (other abnormality), such as intermittent sharp pain, generalized hand weakness, and other types of numbness 6.3% of the time. Although our use of the RA has increased to 52.2% in the fourth quarter of 1999, the overall rate of neurologic complications has remained constant when analyzed by means of analysis of variance \( P = .2 \).

**Symptom improvement.** Of the 169 patients with any history of symptoms, 101 reported that their symptoms improved over time, indicating that 12.1% had long-term residua. The time to symptom improvement averaged 8.7 ± 7.5 months.

**Symptom associations.** The superficial branch of the radial nerve is sensory for the dorsum of the hand and a small portion of the lateral thenar eminence. The proximal interosseus branch of the radial nerve is the motor for the thumb and finger extensors. Thus, it remained unclear why palmar sensory abnormalities and thumb weakness were reported because these abnormalities would be associated with median nerve damage. We therefore probed the data, seeking specific associations between motor and sensory abnormalities by dividing the sensory abnormalities into 3 groups: dorsal abnormality only, palmar abnormality only, and simultaneous dorsal and palmar abnormalities. We then compared those 3 groups with patients who did and did not have thumb weakness (Table III). If a patient had thumb weakness, there was a 16% chance of palmar sensation abnormalities. In the absence of thumb weakness, there was a 3.8% chance of palmar sensation abnormalities \( (P = .003) \). Again, with thumb weakness, there was a 35% chance of both palmar and dorsal sensation abnormalities and a 6.6% chance of both palmar and dorsal sensation abnormalities in the absence of thumb weakness \( (P < .001) \). There was no statistical association between dorsal sensation abnormalities only and thumb weakness.

**Predictors of neurologic complications.** We performed univariate analyses to determine associations between each outcome variable (symptom) and each predictor variable (Table IV). Bilateral RA harvest and smoking were predictors of any abnormality. Diabetes, PVD, serum creatinine levels, and congestive heart failure were associated with decreased thumb strength. Smoking was associated with any sensation abnormality, and dorsal sensation abnormalities were associated with smoking and harvesting of the right RA. There were no statistically significant predictors of palmar abnormalities or other abnormalities.

**Discussion**

RAs are being used at ever increasing rates\(^{14}\) because of their perceived benefits. In this study we have demonstrated that patients report a significant number of hand symptoms after harvesting of the RA for coronary artery bypass grafting, higher than previously reported in the literature.\(^{15-16}\) Fortunately, the neurologic symptoms seem to improve over time, such that only 12.1% of patients had permanent deficits, a figure similar to those found in other reports in the medical literature. In addition, the symptoms and their specific associations indicate that there is not only radial nerve damage but also that the median nerve can also be damaged in the harvesting process. Finally, these data would support mechanisms of injury beyond that of direct physical trauma.

**Patterns of injury.** We found that patients have a variety of neurologic hand abnormalities after RA harvest. The presence of dorsal sensation abnormalities suggests damage to the superficial radial nerve, a logical assumption because of its close association with the RA. Patients also complain of atypical symptoms analogous to causalgia, which is often attributed to radial nerve damage. But patients also report having both palmar sensation abnormalities and thumb weakness, abnormalities most often associated with the median nerve. Complaints of thumb weakness are most often
attributed to weakness of the flexor pollicis longus, a muscle innervated by the anterior interosseus nerve, a branch of the median nerve. This muscle, along with the distal branches of the anterior interosseus nerve, may also receive blood supply from the RA.

Furthermore, our data correlating the types of symptoms would support a mechanism involving the median nerve. There was no correlation between thumb weakness and dorsal sensation abnormalities, but there was a strong correlation between thumb weakness and palmar abnormalities.

Mechanisms of injury. Symptoms of radial nerve injury would be easy to attribute to direct trauma during RA harvest. Although the median nerve is within 1 to 2 cm of the RA at the wrist, there is no direct and only minimally indirect manipulation that could cause significant damage, although we cannot exclude a local carpal tunnel hematoma or edema. A hint at a potential mechanism is revealed in the univariate clinical associations between symptoms and individual patient characteristics. Note in Table IV that many of the clinical variables associated with specific neurologic symptoms are clinical conditions that are related to vascular disease: PVD, diabetes, smoking, and elevated creatinine levels. Thus, on the basis of our preliminary data, we hypothesize that vascular insufficiency should be considered as a possible mechanism for these neurologic abnormalities.

In the forearm the median nerve has at least 3 patterns of blood supply.19-21 The most common pattern (70%) is when the nerve receives collaterals from both the RA and ulnar artery in the distal forearm. If branches of the RA that supply the median nerve are interrupted, then the nerve may become devascularized, and an ischemic neuropathy would develop if there is inadequate flow from the ulnar collaterals (e.g., presence of vascular disease). Median nerve ischemia has been well described.22

Recovery of function. The majority of patients with symptoms recover some or all of their neurologic function over a period of approximately 8 months. This period of time corresponds to recovery of nerve function after devascularization or local trauma.

Minimizing trauma. The approach to reduction in these complications is multifaceted. First, because much of the damage is to the superficial radial nerve and because it courses near the RA, its direct manipulation must be avoided, and its indirect manipulation (by retraction) must be minimized. Second, care must be taken when collecting the distal portion of the RA because clipping vessels medially may compromise median nerve blood supply. We are presently undertaking a study to determine the location and distribution of visible distal radial branches. In support of this approach, there are data to indicate that the proximal segment of the RA is a superior conduit.23 Newer techniques, such as the Harmonic Scalpel (Ethicon Endo- Surgery, Inc, Somerville, NJ), may be available to decrease the morbidity of RA harvest.24 The exact role of endoscopic harvesting of the RA has not yet been determined.25

Preoperative assessment. Most of the preoperative assessment of the RA has focused on its role as a conduit. Many centers perform some type of Allen test,17,26 analogous to the method described here, whereas others have developed simpler methods.27 In addition to measures of blood flow, on the basis of our data, patients should also receive informed consent regarding potential neurologic hand complications that could include dysesthesia and thumb weakness in as many as 30% of patients. The majority of these symptoms will show some type of improvement, leaving a population

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<th>Table III. Associations between sensory and motor abnormalities</th>
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<td>Sensory abnormality location</td>
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<td>Palmar only</td>
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<tr>
<td>Dorsal only</td>
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<tr>
<td>Both palmar and dorsal</td>
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<th>Table IV. Univariate predictors of self-reported hand complications</th>
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<td>Symptom</td>
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<td>Any abnormality</td>
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<td>Thumb strength</td>
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<td>Any sensation abnormality</td>
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<td>Dorsal abnormality</td>
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<td>Palmar abnormality</td>
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of 12% with residual symptoms. Furthermore, patients with diabetes, PVD, and elevated creatinine levels should also be alerted to their higher risk of thumb strength abnormalities.

**Patient selection.** Although we use the RA in over 50% of our patients, it is considered a second-line conduit after internal thoracic arteries. Thus we most often use it in young patients who might benefit from total arterial revascularization or in patients in whom adequate saphenous veins are not available. We avoid its use in larger coronary arteries, where competitive flow might induce vasospasm or occlusion.

**Limitations.** The major limitation of this study is that it measured self-reported neurologic symptoms and not objective testing. Although objective testing can provide accurate information on a patient’s ability to acquire and process sensory data, it cannot provide accurate information on whether the patient actually perceives sensory abnormalities. In the hand there is a significant amount of overlap in the sensory areas, such that a branch from another nerve may be able to provide sensory information. Although a damaged nerve may not acquire accurate sensory information, it can provide aberrant stimuli that result in patient symptoms analogous to the “phantom limb” syndrome. Furthermore, patient perceptions of outcome are important, and we must address any concerns that the patients may have regarding bothersome complications.

In summary, we have demonstrated, in a series of 560 patients, that the overall neurologic complication rate from the harvesting of RAs was 30.1%, with sensory loss in 18.1% and loss of thumb strength in 5.5%. These complications are related to both superficial radial nerve and median nerve damage. Potential mechanisms for damage include direct and indirect trauma and may be exacerbated by devascularization injury. These data are important in guiding informed consent regarding potential neurologic symptoms after RA harvest and in developing optimal surgical techniques to minimize these complications.

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